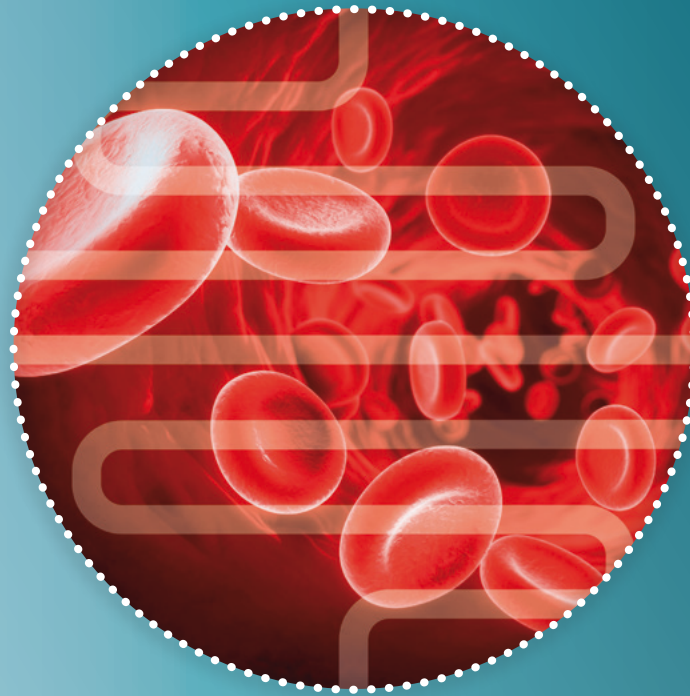


Anemia is a common complication of Inflammatory Bowel Disease (IBD). In most cases, anemia results from iron deficiency (ID) or it is anemia of chronic disease (ACD).

Although anemia and iron deficiency may have a dramatic impact on the quality of life of IBD patients, they are underdiagnosed and undertreated. Screening for these deficiencies is essential.

By providing practical treatment algorithms, the Belgian IBD research and development Group (BIRD) wants to increase awareness and knowledge among clinicians to improve the management of anemia and iron deficiency in their IBD patients.

<https://www.birdgroup.be>

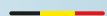


Treatment of iron deficiency/anemia in IBD



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BELGIAN INFLAMMATORY
BOWEL DISEASE RESEARCH
AND DEVELOPMENT



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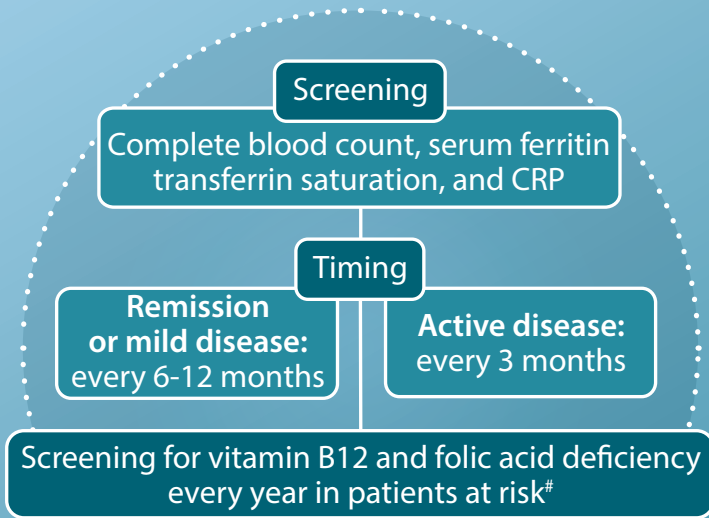
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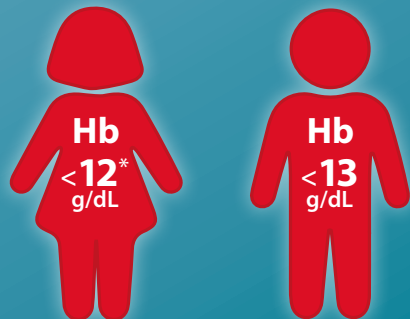
Practical approach to iron deficiency/anemia in IBD



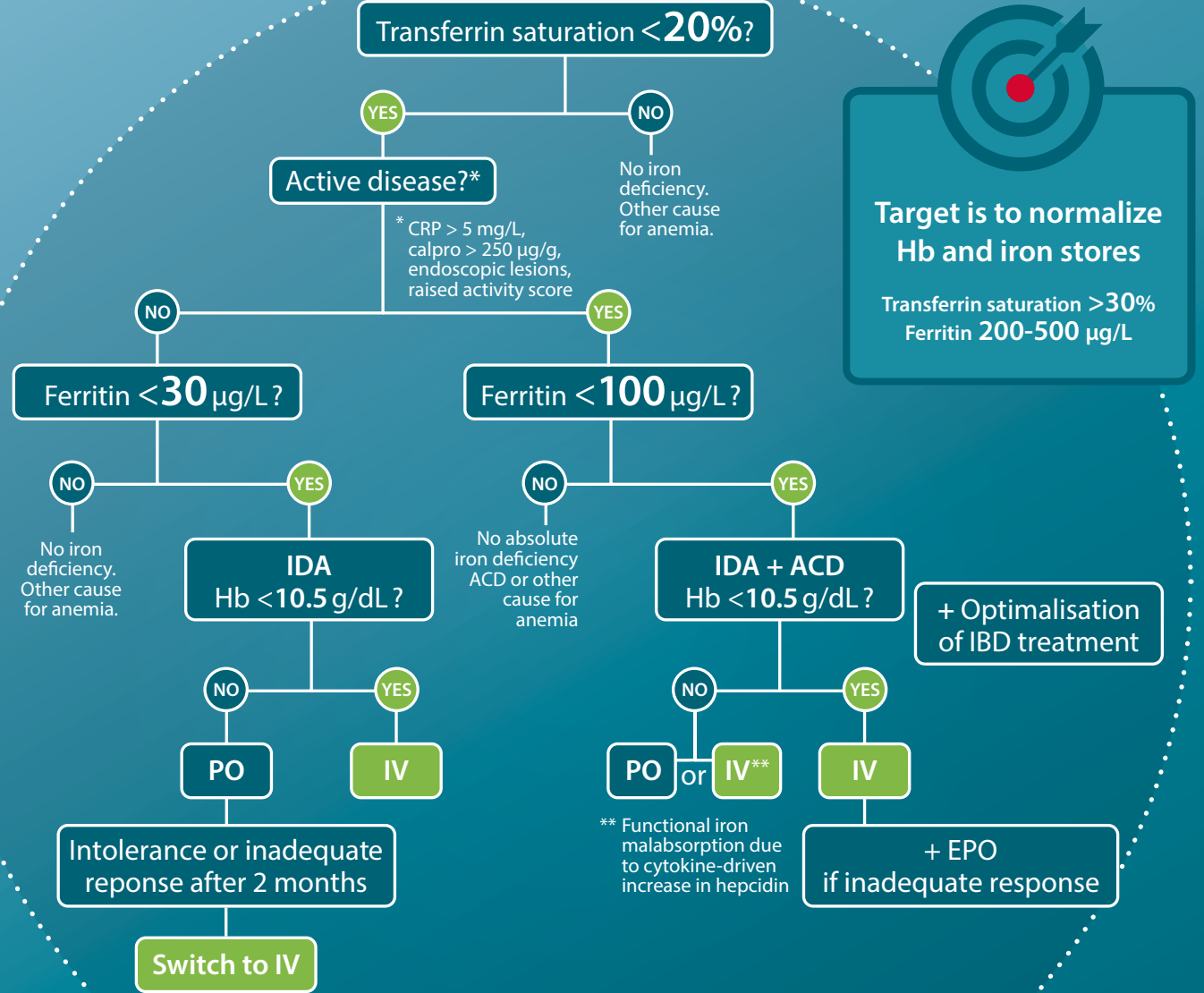
[#] extensive small bowel resection, extensive ileal Crohn's disease, ileal-anal pouch, evidence of vitamin B12 or folic acid deficiency



ECCO Guideline/Consensus Paper :
Dignass et al., JCC 2015



* nonpregnant women



IDA (Iron Deficiency Anemia); ACD (Anemia of Chronic Disease); Hb (Hemoglobin)

Preventive treatment of iron deficiency (even without anemia)